#### Information sheet for customer

You should read this written explanation before use. Please keep it so that you can read it when you need to.

Kampo product

# MORI KAKKOMIN

## (Bofutsusyosan Extract Granules)

[Category 2 OTC medicines]

# Indication

Following symptoms in persons with substantial physical strength who have enough abdominal subcutaneous fat and a tendency to constipation:

Palpitations, stiff shoulder, hot flashes, edema and constipation associated with hypertension and obesity, empyema (sinusitis), eczema/dermatitis, pimple (acne) and obesity.



### ! CAUTION FOR USE

### To be avoided

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions/incidents are more likely to occur.)

- 1. This medication should not be used in combination with the following medications:

  Other cathartic agents.
- 2. Women who are nursing should not take this medicine. If those women take it, avoid breast feeding.

### Consultation

- 1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Pregnant women or women suspected of being pregnant.
  - (3) Persons who is physically weak (declining of strength or constitutional weakness)
  - (4) Persons who have gastrointestinal weakness and tend to diarrhea.
  - (5) Persons with excessive sweating.
  - (6) Elderly persons.
  - (7) Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
  - (8) Persons with the following symptoms: Edema, urination difficulty.
  - (9) Persons diagnosed as having the following: Hypertension, heart disease, kidney disease, thyroid disease.

2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Areas	Symptoms
Skin	Rash, redness, itching
	Nausea, vomiting, loss of appetite, gastric
Gastrointestinal system	distress, feeling of enlarged abdomen, diarrhea
	with severe abdominal pain, abdominal pain
Neuropsychiatric system	Dizziness
Others	Sweating, palpitations, edema, headache

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptom's name	Symptoms		
Interstitial pneumonia	Shortness and/or difficulties of breath when go upstairs or overwork, sudden dry cough and/or fever and its continuance.		
Pseudohyperaldosteronism, myopathy	In addition to listlessness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually worsen.		
Hepatic function failure	Following symptoms appear: Fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, wholebody tiredness, loss of appetite.		
Mesenteric phlebosclerosis	Long-term use of this medicine may cause following symptoms repetitively: Abdominal pain, diarrhea, constipation, abdominal bloating.		

- 3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist or registered distributor. Take this leaflet with you: Diarrhea, constipation.
- 4. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month (1 week if you take this medicine for constipation).
- 5. If you take this medicine regularly for a long periods, consult a physician, pharmacist or registered distributor.

### Dosage and administration

Take the following doses with water or warm water before or between meals. (Between meals means 2-3 hours after meals.)

Age	One dosage	Daily dosage	
15 years and over	1 packet (3.0g)	3 times a day	
Less than 15 years old	Do not use		

# Ingredient and amount

3 packets  $(3.0 \text{ g} \times 3 : 9.0 \text{ g})$  of this medicine contains 5.2 g of the dried extract (Bofutsusyosan extract) from the following mixed crude drugs.

Japanese Angelica Root	1.2 g	Ephedra Herb	1.2 g
Peony Root	1.2 g	Rhubarb	1.5 g
Cnidium Rhizome	1.2 g	Anhydrous Sodium Sulfate	0.7g
Gardenia Fruit	1.2 g	Atractylodes Rhizome	2 g
Forsythia Fruit	1.2 g	Platycodon Root	2 g
Mentha Herb	1.2 g	Scutellaria Root	2 g
Ginger	0.3 g	Gypsum	2 g
Schizonepeta Spike	1.2 g	Glycyrrhiza	2 g
Saposhnikovia Root and Rhizome	1.2 g	Alminum Silicate Hydrate with Silicon Dioxide	3 g

The inactive ingredients contained are Lactose Hydrate, Corn Starch and Magnesium Stearate.

# Precautions for storage and handling

- (1) Store in a cool, low humidity place away from direct sunlight.
- (2) Keep out of reach of children.
- (3) Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the drug.)
- (4) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- This product is manufactured from natural crude drugs. There may be slight differences in the color and taste of the product. There is no change in the effect.

#### REQUEST FOR LITERATURE SHOULD BE MADE TO:

Dep. of Medical Information,

Ohsugi Pharmaceutical Co., Ltd.

1-8-6, Yamasaka, Higashisumiyoshi-ku, Osaka 546-0035

Website https://www.ohsugi-kanpo.co.jp