Information sheet for customer

You should read this written explanation before use. Please keep it so that you can read it when you need to.

Kampo product

MORI BISHAN

(Keishibukuryogan Extract Granules)

[Category 2 OTC medicines]

Indication

Following symptoms with adequate physical strength who sometimes complaint lower abdominal pain, stiff shoulder, heavy head, dizziness, hot flashes and/or oversensitiveness of feet to cold:

Menstrual irregularity, menstrual disorders, menstrual pain, menopausal disorders, chi-no-michi-sho*, stiff shoulder, dizziness, heavy head, bruise (contusion), chilblains, spot of the skin, eczema/dermatitis and acne.



*Chi-no-michi-sho is a generic term of neuropsychiatric symptoms such as anxiety and irritation and physical symptoms due to fluctuation of female hormones caused by menstruation, pregnancy, childbirth or menopause.

! CAUTION FOR USE

Consultation

- 1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
 - (1) Persons undergoing medical treatment from a physician.
 - (2) Pregnant women or women suspected of being pregnant.
 - (3) Persons who is physically weak (declining of physical strength or constitutional weakness).
 - (4) Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
- 2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Areas	Symptoms	
Skin	Rash, redness, itching	
Gastrointestinal system	Loss of appetite	

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In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptom's name	Symptoms	
Hepatic function failure	Following symptoms appear:	
	Fever, itching, rash, jaundice (yellowing of	
	skin and white of eyes), brown urine, whole-	
	body tiredness, loss of appetite.	

- 3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist or registered distributor with this leaflet. : Diarrhea
- 4. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month.

Dosage and administration

Take the following doses with water or warm water before or between meals. (Between meals means 2-3 hours after meals.)

Age	One dosage	Daily dosage	
15 years and over	1 packet (1.5g)	3 times a day	
7 to 14 years old	2/3 packet		
4 to 6 years old	1/2 packet		

Ingredient and amount

3 packets $(1.5 \text{ g} \times 3 : 4.5 \text{ g})$ of this medicine contains 2.0 g of the dried extract (Keishibukuryogan extract) from the following mixed crude drugs.

Cinnamon Bark	4 g	Peach Kernel	4 g
Poria Sclerotium	4 g	Peony Root	4 g
Moutan Bark	4 g		

The inactive ingredients contained are Lactose Hydrate, Corn Starch and Magnesium Stearate.

Precautions for storage and handling

- (1) Store in a cool, low humidity place away from direct sunlight.
- (2) Keep out of reach of children.
- (3) Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the drug.)
- (4) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- This product is manufactured from natural crude drugs. There may be slight differences in the color and taste of the product. There is no change in the effect.

REQUEST FOR LITERATURE SHOULD BE MADE TO:

Dep. of Medical Information,

Ohsugi Pharmaceutical Co., Ltd.

1-8-6, Yamasaka, Higashisumiyoshi-ku, Osaka 546-0035

Website https://www.ohsugi-kanpo.co.jp