



MORI ESHAN

(Tokisyakuyakusan Extract Granules)

[Category 2 OTC medicines]

Indication

Following symptoms in persons with poor physical strength who tend to be sensitive to cold, tend to get tired easily, have an anemic tendency, and sometimes complaint lower abdominal pain, heavy head, dizziness, stiff shoulder, ear noise, and/or palpitation :

Menstrual irregularity, menstrual disorders, menstrual pain, menopausal disorders, disorders before and after child birth or due to abortion (anemia, fatigue/malaise, dizziness, edema), dizziness, syncope, heavy head, stiff shoulder, lower back pain, over-sensitiveness to cold in the lower half of the body, chilblains, edema, spot of the skin, and ear noise.



! CAUTION FOR USE

Consultation

- The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
 - Persons undergoing medical treatment from a physician.
 - Persons who have gastrointestinal weakness.
 - Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
- The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist, or registered distributor with this instruction leaflet.

Areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Loss of appetite, gastric distress

- Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month.

Dosage and administration

Take the following doses with water or warm water before or between meals.
(Between meals means 2-3 hours after meals.)

Age	One dosage	Daily dosage
15 years and over	1 packet (2.5g)	3 times a day
7 to 14 years old	2/3 packet	
4 to 6 years old	1/2 packet	
Less than 2 years	Do not use	

〈Precautions of Dosage and Administration〉

When allowing children to take the medicine, a guardian must be present to watch and tell such them how to take it.

Ingredient and amount

3 packets (2.5 g × 3 : 7.5 g) of this medicine contains 4.2 g of the dried extract (Tokisyakuyakusan extract) from the following mixed crude drugs.

Japanese Angelica Root	3 g	Poria Sclerotium	4 g
Cnidium Rhizome	3 g	Atractylodes Rhizome	4 g
Peony Root	4 g	Alisma Tuber	4 g

The inactive ingredients contained are Lactose Hydrate, Corn Starch and Magnesium Stearate.

Precautions for storage and handling

- (1) Store in a cool, low humidity place away from direct sunlight.
 - (2) Keep out of reach of children.
 - (3) Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the drug.)
 - (4) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- This product is manufactured from natural crude drugs. There may be slight differences in the color and taste of the product. There is no change in the effect.

REQUEST FOR LITERATURE SHOULD BE MADE TO :

Dep. of Medical Information,

Ohsumi Pharmaceutical Co., Ltd.

1-8-6, Yamasaka, Higashisumiyoshi-ku, Osaka 546-0035

Website <https://www.ohsugi-kanpo.co.jp>