



HAIBINARU

(Shin' isehaito Extract Granules)

[Category 2 OTC medicines]

Indication

Following symptoms in person with moderate or more physical strength who have thick runny nose, and have feeling of warmth in some case :

Nasal stuffiness, chronic rhinitis and empyema (sinusitis).



! CAUTION FOR USE

To be avoided

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions / incidents are more likely to occur.)

Don't give this medicine to children under 3 months of age.

Consultation

1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.

- (1) Persons undergoing medical treatment from a physician.
- (2) Pregnant women or women suspected of being pregnant.
- (3) Persons who is physically weak (declining of physical strength or constitutional weakness).
- (4) Persons with weak stomach and intestine, and sensitiveness to cold.

2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Areas	Symptoms
Gastrointestinal system	Loss of appetite, gastric distress

Information sheet for customer

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptom's name	Symptoms
Interstitial pneumonia	Shortness and/or difficulties of breath when go upstairs or overwork, sudden dry cough and/or fever and its continuance.
Hepatic function failure	Following symptoms appear : Fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite.
Mesenteric phlebosclerosis	Long-term use of this medicine may cause following symptoms repetitively : Abdominal pain, diarrhea, constipation, abdominal bloating.

3. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month.

Dosage and administration

Take the following doses with water or warm water before or between meals.

(Between meals means 2-3 hours after meals.)

Age	One dosage	Daily dosage
15 years and over	1 packet (4.0g)	3 times a day
7 to 14 years old	2/3 packet	
4 to 6 years old	1/2 packet	
2 to 3 years old	1/3 packet	
Less than 2 years old	1/4 packet	

〈Precautions of Dosage and Administration〉

- (1) When allowing children to take the medicine, a guardian must be present to watch and tell such them how to take it.
- (2) For infants younger than 1 year old, medical care by a physician should always precede administration of this drug. This drug should be administered only if it is absolutely necessary.

Ingredient and amount

3 packets (4.0 g × 3 : 12.0 g) of this medicine contains 6.3 g of the dried extract (Shin' isehaito extract) from the following mixed crude drugs.

Magnolia Flower	2 g	Ophiopogon Root	5 g
Anemarrhena Rhizome	3 g	Gypsum	5 g
Lilium Bulb	3 g	Cimicifuga Rhizome	1 g
Scutellaria Root	3 g	Loquat Leaf	2 g
Gardenia Fruit	3 g		

The inactive ingredients contained are Lactose Hydrate, Corn Starch and Magnesium Stearate.

Precautions for storage and handling

- (1) Store in a cool, low humidity place away from direct sunlight.
 - (2) Keep out of reach of children.
 - (3) Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the drug.)
 - (4) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- This product is manufactured from natural crude drugs. There may be slight differences in the color and taste of the product. There is no change in the effect.

REQUEST FOR LITERATURE SHOULD BE MADE TO :

Dep. of Medical Information,

Ohsugi Pharmaceutical Co., Ltd.

1-8-6, Yamasaka, Higashisumiyoshi-ku, Osaka 546-0035

Website <https://www.ohsugi-kanpo.co.jp>