



# OHSUGI HACHIMIJIOGAN A

## (Hachimijiogan Extract Granules)

[Category 2 OTC medicines]

### Indication

Following symptoms in persons with moderate or poor physical strength who tend to get tired easily, tend to be sensitive to cold in hands and feet, have decreased or increased urine volume, and/or sometimes have dry mouth :

Leg pain, lower back pain, numbness, blurred eye in elderly, itching, difficulty in urination, residual urine, nocturia, frequent urination, edema, associated symptoms of hypertension (stiff shoulder, heavy head, ear noise) and mild incontinence.



## ! CAUTION FOR USE

### To be avoided

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions/incidents are more likely to occur.)

1. Persons with weak stomach and intestine.
2. Persons who have a tendency to diarrhea.

### Consultation

1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.
  - (1) Persons undergoing medical treatment from a physician.
  - (2) Pregnant women or women suspected of being pregnant.
  - (3) Red faced persons with hot flashes who have fulfilling physical performance.
  - (4) Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

## Information sheet for customer

Areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Loss of appetite, gastric distress, gastrointestinal pain
Others	Palpitations, hot flush, numbness of lip or tongue

3. A following symptom may appear after taking this medicine. If the symptom continues or worsen, consult a physician, pharmacist or registered distributor. Take this leaflet with you : Diarrhea.
4. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month.

### **Dosage and administration**

Take the following doses with water or warm water before or between meals.  
(Between meals means 2-3 hours after meals.)

Age	One dosage	Daily dosage
15 years and over	1 packet (2.5g)	3 times a day
7 to 14 years old	2/3 packet	

#### 〈Precautions of Dosage and Administration〉

When allowing children to take the medicine, a guardian must be present to watch and tell such them how to take it.

### **Ingredient and amount**

3 packets (2.5 g × 3 : 7.5 g) of this medicine contains 4.6 g of the dried extract (Hachimijiogan extract) from the following mixed crude drugs.

Rehmannia Root	5 g	Poria Sclerotium	3 g
Cornus Fruit	3 g	Moutan Bark	3 g
Dioscorea Rhizome	3 g	Cinnamon Bark	1 g
Alisma Tuber	3 g	Powdered Processed Aconite Root	1 g

The inactive ingredients contained are Lactose Hydrate, Corn Starch and Magnesium Stearate.

## **Precautions for storage and handling**

- (1) Store in a cool, low humidity place away from direct sunlight.
  - (2) Keep out of reach of children.
  - (3) Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the drug.)
  - (4) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- This product is manufactured from natural crude drugs. There may be slight differences in the color and taste of the product. There is no change in the effect.

REQUEST FOR LITERATURE SHOULD BE MADE TO :

Dep. of Medical Information,

Ohsugi Pharmaceutical Co., Ltd.

1-8-6, Yamasaka, Higashisumiyoshi-ku, Osaka 546-0035

Website <https://www.ohsugi-kanpo.co.jp>