



HAI・KAKKO

(Kakkonto Extract Granules)

[Category 2 OTC medicines]

FEATURES

“HAI・KAKKO” is Japanese traditional herbal medicine called KAKKONTO and is a granule form that is easy to take. It is effective for the first signs of a common cold without spontaneous sweating in persons who have persistent “chills, sore throat, headache, fever, runny nose, coughing, shoulder stiffness. This medicine doesn't contain any ingredients that will make you drowsyis.



Indication

Following symptoms in person with moderate or more physical strength :

Initial stage of common cold (without spontaneous sweating), coryza, rhinitis, headache, shoulder stiffness, muscle pain and pain in hands and shoulder.

! CAUTION FOR USE

To be avoided

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions/incidents are more likely to occur.)

Don't give this medicine to children under 3 months of age.

Consultation

1. The following persons should consult a physician, pharmacist or registered distributor before taking this medicine.

- (1) Persons undergoing medical treatment from a physician.
- (2) Pregnant women or women suspected of being pregnant.
- (3) Persons who is physically weak (declining of physical strength or constitutional weakness).
- (4) Persons who have gastrointestinal weakness.
- (5) Persons with excessive sweating.
- (6) Elderly persons.

Information sheet for customer

- (7) Persons who have experienced rash, redness, itching, etc. due to medicines, etc.
- (8) Persons with the following symptoms : edema or urination difficulty.
- (9) Persons diagnosed as having the following : Hypertension, heart disease, kidney disease or thyroid disease.

2. The following symptoms may be adverse reactions of this medicine. If any of the following symptoms occur, stop taking this medicine immediately and consult a physician, pharmacist or registered distributor with this instruction leaflet.

Areas	Symptoms
Skin	Rash, redness, itching
Gastrointestinal system	Nausea, loss of appetite, gastric distress

In very rare cases the following serious symptoms may occur. In this case, consult a physician immediately.

Symptom's name	Symptoms
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually progress.
Hepatic function failure	The following symptoms appear: Fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, whole-body tiredness, loss of appetite.
Erythema multiforme	Redness over a large area of the skin, blisters appearing on the red areas of the skin, a high fever, a sore throat, and other symptoms that continue or suddenly get worse.

- 3. Stop taking this medicine and consult a physician, pharmacist or registered distributor with this leaflet, if symptoms do not improve after taking this medicine for about 1 month (5 to 6 times if you take this medicine for the initial stage of the common cold, coryza and headache).
- 4. If you take this medicine regularly for a long period, consult a physician, pharmacist, or registered distributor.

Dosage and administration

Take the following doses with water or warm water before or between meals.
(Between meals means 2-3 hours after meals.)

Age	One dosage	Daily dosage
15 years and over	1 pouch (2.5g)	3 times a day
7 to 14 years old	2/3 pouch	
4 to 6 years old	1/2 pouch	
2 to 3 years old	1/3 pouch	
Less than 2 years old	1/4 pouch	

〈Precautions of Dosage and Administration〉

- (1) When allowing children to take the medicine, a guardian must be present to watch and tell such them how to take it.
- (2) For infants younger than 1 years old, medical care by a physician should always precede administration of this drug. This drug should be administered only if it is absolutely necessary.

Ingredient and amount

The daily dose of this product, 7.5 g, contains 3.3 g of the dried extract (Kakkonto extract) from the following mixed crude drugs.

JP Pueraria Root	4 g	JP Peony Root	2 g
JP Ephedra Herb	3 g	JP Glycyrrhiza	2 g
JP Jujube	3 g	JP Ginger	1 g
JP Cinnamon Bark	2 g		

(JP: The Japanese Pharmacopeia)

The inactive ingredients contained are Lactose Hydrate, Corn Starch and Magnesium Stearate.

Precautions for storage and handling

- (1) Store in a cool, low humidity place away from direct sunlight.
 - (2) Keep out of reach of children.
 - (3) Do not transfer the medicine to a different container. (It may lead to misuse or alter the quality of the drug.)
 - (4) When you take this medicine in divided dose, fold over the opened edge of the packet and store it. The remaining medicine should be taken within 2 days.
- This product is manufactured from natural crude drugs. There may be slight differences in the color and taste of the product. There is no change in the effect.

Information sheet for customer

REQUEST FOR LITERATURE SHOULD BE MADE TO:

Dep. of Medical Information,

Ohsugi Pharmaceutical Co., Ltd.

1-8-6, Yamasaka, Higashisumiyoshi-ku, Osaka 546-0035

Website <https://www.ohsugi-kanpo.co.jp>